

PRESBYTERY OF THE MIAMI VALLEY

Preparing, equipping, nurturing, and connecting congregations in their ministries for God's mission.

Presbytery of the Miami Valley hosts an

Enneagram Workshop

with Enneagram Teacher **Abbi Rodriguez**

 **March 4th**

 **10am-12pm**

 **Westminster
Presbyterian
Church of Piqua**

Join the Presbytery of the Miami Valley on Saturday, March 4, 10:00 AM – 12:00 PM at **Westminster Presbyterian Church of Piqua**, for an Enneagram Workshop facilitated by certified Narrative Enneagram Teacher **Abbi Rodriguez**.

The Enneagram Workshop will invite participants to learn more about themselves and others through the compassionate lens of the Enneagram. In this workshop, certified Enneagram Teacher Abbi Rodriguez will offer a basic framework of the Enneagram for those that are new to this personality system. The workshop will also offer a greater depth of understanding in how we make decisions and approach relationships with others through a specific facet of the Enneagram called Stances. For those that don't know their Enneagram Type, you are invited to take a brief **Enneagram Indicator** prior to the workshop to help narrow down your Enneagram Type. Whether you've never heard of the Enneagram or you're an Enneagram enthusiast, this workshop is for you!

What is the Enneagram? The Enneagram is a tool used for personal development through an increased understanding of oneself. This tool defines nine personality types (known as Enneagram Types) based off of our core motivations, which in turn indicates a set of habitual patterns in the way that we think, feel, and act in our world. The Enneagram can help one make sense of their past, especially in regard to the tension and rubbing points one experiences in relationships, but it can also equip us to interact in a much more life-giving way in the present.

Why are Christians drawn to the Enneagram? The Enneagram is a helpful tool in illuminating the distorted beliefs of our personality (Enneagram Type) & the subconscious strategies we have to get our needs met without God or God's people. The Enneagram clarifies the manner in which we are held captive by our shortcomings, habits, and defensiveness in ways that keep us from genuine wholeness & growth. John Calvin wrote, "Nearly the whole of sacred doctrine consists in these two parts: knowledge of God and of ourselves." The Enneagram invites us into greater knowledge of ourselves & a more compassionate lens to view God's people.

About the Instructor: Abbi Rodriguez is an IEA Accredited Enneagram Teacher & Coach. Her work centers on partnering with people as they try to make sense of their lives and inviting them to take on a posture of curiosity through the Enneagram framework. She teaches virtual workshop series, coaches individuals & couples, and facilitates workshops for various types of organizations. Abbi is also the host of the podcast [Enneagram Coaching with Abbi Rodriguez](#) and an educational Instagram page [@enneagramspace](#). She is a certified Narrative Enneagram Practitioner, holds a Somatic Stress Release Practitioner certificate as well as a Masters in Student Development Theory that supports her work. Abbi is married to the Westminster Presbyterian Church of Piqua Senior Pastor, Joshua Rodriguez, and is the mother of two elementary-aged children. Learn more about Abbi at www.abbirodriguez.com.

Watch for more information and online registration coming soon!